

DISCIPLINE POLICY
Positive Guidance Techniques

Discipline is the act of teaching young children appropriate and expected behaviors. Discipline is never punishment. Discipline is guidance.

Physical punishment will not be used in any form in my family child care home. I will not subject your child to discipline that is severe, humiliating, or frightening. Neither will I associate discipline with food, rest, or toileting. My respectful, positive guidance techniques will be determined by your child's age and developmental level.

I will use positive, appropriate practices to encourage and promote your child's positive self-direction and control, self-esteem, and social development such as:

- Demonstrating appropriate behavior through my daily actions and words.
- Establishing daily routines such as meals, naptimes, etc.
- Setting fair and consistent limits, using clear and simple instructions that are appropriate to your child's age and developmental level.
- Redirecting challenging behavior; offering acceptable choices.
- Providing reasonable consequences; being consistent.

We will have informal conversations about your child on a regular basis. Because communication and consistency in guiding behavior are important to your child's development, I will enlist your input and involvement when needed.

I have received a copy of the above disciplinary policy.

Parent/Guardian (s) Signature

Date

Child's name: _____